

Response to Request for Information

Reference FOI 001092
Date 26 April 2017

Men and Weight Management

Request:

1. Do you currently have provision for commissioned (incl. co-commissioned) or directly delivered tier 2 weight management services in place:
 - For adults - No
 - For children - Yes
 - For families – Yes

There is currently a referral programme for primary aged children and families with a BMI of over the 91st centile into the five star families' scheme with programmes being delivered between October 2015 and August 2017. This programme has attracted a significant level of media attention with participants demonstrating improved health outcomes. In addition, a pilot programme is underway to trial the use of wireless scales in schools which will enable efficiencies resulting in more year groups being exposed to weight management recording and improved communication to parents.

2. Do you currently have provision for tier 3 weight management services?
No
3. What were numbers of participants by sex for your tier 2 adult weight management services in 2016/17? (or most recent figures available)?
 - Men
As of quarter 3 2016/17, 10% of participants were male, 102 in total
 - Women
As of quarter 3 2016/17, 90% of participants were female, 953 in total.
 - Adults (sex not known)
4. What were numbers of participants by sex for your tier 3 adult weight management services in 2016/17? (or most recent figures available)?
 - Men
 - Women
 - Adults (sex not known)

[See Question 2](#)

5. What were numbers of participants by sex for your tier 2 children weight management services in 2016/17? (or most recent figures available)?
 - Boys - 86
 - Girls - 69
 - Children (sex not known) – 8

6. What were numbers of participants by sex for your tier 2 family weight management services in 2016/17? (or most recent figures available)?
 - Men
 - Women
 - Adults (sex not known)
 - Boys - 86
 - Girls - 69
 - Children (sex not known)

In respect of your question 6, it has been established after careful consideration that the Council does not hold the above information as adult measurements are not recorded. Consequently, we are unable to provide any information relating to the above, and are informing you as required by Section 1(1) (a) of the Act, that states:

"Any person making a request for information to a public authority is entitled to be informed in writing by the public authority whether it holds information of the description specified in the request".

7. Do your commissioned or directly delivered tier 2 weight management services for adults include:
 - Mixed-sex services (men & women)
 - Men-only services
 - Women-only services

In respect of your question 7 a self help service is being developed.

8. What special activities, interventions or service design elements (if any) do you have to encourage men to take up adult weight-loss programmes?
Currently no special provision.

9. What special activities, interventions or service design elements (if any) do you have to encourage dads to participate in family weight-loss programmes?
No current provision though we are about to embark upon a research programme in partnership with Birmingham University titled 'healthy dads, healthy kids' whereby cohorts of families will be invited to participate in a healthy lifestyles 8 week programme. However, first phase implementation is scheduled for later this month.