



Response to Request for Information

Reference FOI 000433
Date 12 September 2016

Tier 3 Obesity Services

Request:

- 1) Who is the named person / commissioner responsible for commissioning Tier 3 obesity services within your organisation?
- 2) In the most recent year where figures are available, how many patients were referred to Tier 3?
- 3) Who currently provides your Tier 3 services?

The council do not commission Tier 3 services. These services are Multi-Disciplinary Teams, delivering clinically led weight management services that include Multi-disciplinary assessment, 1:1 and group support for patients; including selection and referral for surgery. Generally these services fall under the remit of Clinical Commissioning Group.

A range of universal (Tier 1) services, defined as screening, identification, advice and referral, currently exist in the City through school nursing and the National Child Measurement Programme (NCMP) in primary schools which public health commission, as well as maternity services and primary care.

Public Health also commission tier 2 lifestyle weight management programmes for adults (Weightwatchers) and a children and families 10 week programme primarily to support those referred from NCMP and secondary age pupils of a certain BMI. This is a family based healthy lifestyle programme to assist children and young people between 4-16 years of age who are on or above the 91st BMI centile to reach and maintain a healthier BMI.

Tier 3 services are not mandatory in terms of the Public Health grant conditions. Where tier 3 services do exist across the Country they are normally funded and commissioned within the NHS/CCG.