

## Equity Policy

It would be helpful to City of Wolverhampton Council in establishing the development of our equity policy if you would complete this part of the form. All information is confidential.

## Ethnic Origin

Choose one category and then tick the appropriate box to indicate the participant's cultural background.

### White

- British  Irish  
 Any other white background

### Mixed

- White or black Caribbean  
 White and black African  
 White and Asian  
 Any other mixed background

### Asian or Asian British

- Indian  Pakistani  
 Bangladeshi  Any other Asian background

### Black or Black British

- Caribbean  African  
 Any other black background

### Chinese or other ethnic group

- Chinese  Any other ethnic group

## Disability

The Disability Discrimination Act 1995 defines a disabled person as anyone with a *'physical or mental impairment that has a substantial and long-term adverse effect upon his/her ability to carry out normal day-to-day activities'*.

Do you consider the participant to have a disability?

- Yes  No

If yes, what is the nature of their disability

(You may wish to use one of the following categories: visually impaired; hearing impaired; physical disability; learning disability; multiple disability).

## How did you hear about this course?

- Word of mouth  Visited website  
 Search engine  Friend/family  
 Information was sent to me  
 Other (please state)

## Please return this form to:

Aldersley Leisure Village  
Aldersley Road  
Wolverhampton  
WV6 9NW

01902 556200

## Contact

For more information about **Bikeability** and cycling activities:

email:

road.safety@wolverhampton.gov.uk

phone: 01902 551790/1 (for course information)

phone: 01902 556200 (for bookings)

visit: [www.bikeability.org.uk](http://www.bikeability.org.uk)

**bike 4 life**

CITY OF  
WOLVERHAMPTON  
COUNCIL

# Bikeability

Learn to Ride courses for  
6 – 8 year olds  
**SUMMER 2024**



DP2 - BIKEABILITY - LEARN TO RIDE - SUMMER 2024 (06/24)

Bikes can be provided  
**APPLY NOW!**

# Bikeability

Bikeability is described as the 21st Century Cycling Proficiency course. It is designed to give young people confidence in cycling on the roads.

City of Wolverhampton Council's Sport & Recreation Service organise courses for 6 – 8 year olds at **Aldersley Leisure Village** in conjunction with the Traffic and Road Safety Team during school holidays.

Bikeability Learn to Ride is designed for those children, school staff or family members, who are unable to cycle - in particular children who, for whatever reason, are struggling to master the skill.

Sessions may involve balance bikes (bikes without pedals) which help children to learn cycling balance.

*Learn at your own pace.*

Bikeability Learn to Ride is delivered by qualified cycling instructors in a constructive, low pressure environment ideal for beginners.

It is a learner-focussed training session with an emphasis on working with trainees at their own pace to learn how to ride.

## Bikeability Learn to Ride

Half a day course 9.00am - 11.30am  
or  
12.30pm - 3.00pm

A course consists of up to 3 sessions which must be booked on 3 separate dates. To take part you must participate in 2 sessions.

# Application Form: 2024 courses (to be completed by parent/guardian)

## Participant details

Name

Address

Postcode

Email

Home tel no.

Date of birth

Age  Sex  Male  Female

Medical Information (eg. asthma, allergies, dietary requirements, phobias).

## Emergency contact details

Parent/guardian name

Contact no.

## Course required Summer 2024

**Bikeability Learn to Ride**

**AM Session** - 8th, 15th and 22nd August

**PM Session** - 8th, 15th and 22nd August

Parent/guardian name

## Equipment requirements (please tick)

Will your child bring his/her own:

- Bike  Yes  No
- Helmet  Yes  No

Bike availability is limited so please confirm availability when making your booking.

My child is in good health and I consider them capable of taking part in the course. I consent that, in the event of any illness/accident, any necessary treatment can be administered to my child, which may include use of anaesthetics. I also understand that, whilst the coaches on the course will take every precaution to ensure that accidents do not happen, they cannot necessarily be held responsible for any loss, damage or injury suffered by my child. I give permission for my child to take part in the Cycle Training.

Parent/guardian name

Parent/guardian signature

Date

Photography/filming may take place during the course for promotion and publicity of the scheme.  
Please tick this box if you do not wish your child to be photographed or filmed