

**City of Wolverhampton Council - Inclusion Team**

**Preventative Intervention for Pupils at Risk of exclusion**

Wolverhampton LA currently employs four Inclusion Officers who work across all primary and secondary schools in the city with pupils who are at risk of exclusion. This may be due to challenging and persistent disruptive behaviour or a significant one-off incident. The antecedents for the risk of exclusion are many and varied, although evidence based research indicates unmet SEND needs and disrupted/complex/poor lived experience as the main triggers. <https://www.catch-22.org.uk/resources/the-prevalence-of-school-exclusions-in-the-uk/> Often the YP are high on the vulnerability matrix, with high social care involvement, family members involved in offending behaviour, familial mental health concerns, drug use and environmental risk.

The officers are all THRIVE© Practitioner trained. They have up to date training on trauma-informed practice and attachment and are skilled in the systems and process for recognising exploitation and YP at risk of harm. The officers have extensive experience of working across different sectors with pupils who are disengaged, disadvantaged and at risk of school exclusion.

The Inclusion Team received referrals directly from schools. This is a universal offer and is available to all schools. Please see Pathway (Appendix 1) for further information.

From Autumn 2024, the Inclusion Team will offer three different intervention programmes.

* an individual referral, (1:1 support)
* a Secondary girls programme KS3/KS4
* a Sport Intervention programme. Upper KS2/KS3

All interventions for individual pupils will be bespoke to the YP, and the programme of specific interventions will be discussed and agreed with the school, parents and the YP. The interventions on offer include:

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| Building positive relationships | Mentoring, leading by example |
| Self-esteem and confidence | Transition  |
| Choices and Consequences | Anger Management |
| Zones of Regulation | Goal setting/Aspirations |
| Emotion Coaching | Consequences of knife crime |
| Drugs and alcohol | Resilience |
| Bereavement/trauma | Staying out of offending behaviour/gangs |
| Team building | Social media and e-safety |

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| 19/09/24 - 24/10/24 | 09.15 – 10.15 |
|  | 11.15 – 12.15 |
|  | 13.45 – 14.45 |
| 07/11/24 – 12/12/24 | 09.15 – 10.15 |
|  | 11.15 – 12.15 |
|  | 13.45 – 14.45 |

There are opportunities for schools to access two different group interventions for up to 6 pupils. Both will be delivered on a Thursday for the Autumn term.

There are three available session times.

There is a Group Intervention Referral form that should be completed and sent to the Inclusion Team for schools that wish to access this support.

Girls/Exploitation Group Sessions

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| 1 | Introduction. Who am I? Identification of self and identity. |
| 2 | Healthy Relationships. Red and green flags, role models and healthy examples |
| 3 | Exploitation. What is it, how can it be recognised. Risk and protective factors. |
| 4 | Social media. Risk and danger. Legal and illegal use. |
| 5 | Self Esteem/ Confidence/ Positive Coping Strategies |
| 6 |  Review and Signposting. Places and people to go to for support. |

Intervention through Sport Sessions

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| 1 | Building trusting relations, PATH, likes, dislike, strengths. |
| 2 | Emotional identification, relating emotions to real scenarios,  |
| 3 | Aspirations, short- and long-term targets and goal setting.  |
| 4 | Respect meaning, respect in the community, respect in school, respect at home.  |
| 5 | Positive Friendships, trusted people, social boundaries, Keeping safe. |
| 6 | Review and Signposting. Places and people to go to for support. |

All interventions are monitored and evaluated. There will be individual evaluation sheets for each pupil who has been supported to complete at conclusion of the intervention and these will be shared with the school.

Feedback to the team, or manager, is welcomed as the Inclusion Team seek to strengthen the offer to schools and a Microsoft form will be provided for the school to complete and return online.